

Quick Reference Sheet

A one-page printable reference for the first live conversion tools on conversions.aurecima.com. Use this for quick checks, rough planning, and everyday measurement switches.

What is inside

Weight, length, temperature, and kitchen volume reference points with simple formulas and quick examples.

Kg to lbs

Useful for body weight, gym logs, profiles, and mixed metric / imperial apps.

Quick formula	$\text{kg} \times 2.20462 = \text{lbs}$ $\text{lbs} / 2.20462 = \text{kg}$
1 kg	2.20462 lbs
5 kg	11.0231 lbs
10 kg	22.0462 lbs
50 kg	110.231 lbs
100 kg	220.462 lbs

Inches to cm

Useful for height, dimensions, screen sizes, forms, and product sizing.

Quick formula	$\text{in} \times 2.54 = \text{cm}$ $\text{cm} / 2.54 = \text{in}$
1 in	2.54 cm
5 in	12.7 cm
10 in	25.4 cm
50 in	127 cm
72 in	182.88 cm

Celsius to Fahrenheit

Useful for weather, cooking, travel, and comparing different temperature systems.

Quick formula	$(^{\circ}\text{C} \times 9 / 5) + 32 = ^{\circ}\text{F}$ $(^{\circ}\text{F} - 32) \times 5 / 9 = ^{\circ}\text{C}$
0°C	32°F
10°C	50°F
20°C	68°F
30°C	86°F
100°C	212°F

Cups to quarts

Useful for recipe scaling, meal prep, soups, sauces, and batch cooking.

Quick formula	$\text{cups} / 4 = \text{qt}$ $\text{qt} \times 4 = \text{cups}$
1 cup	0.25 qt
2 cups	0.5 qt
4 cups	1 qt
8 cups	2 qt
16 cups	4 qt

Tip: For everyday use, rounded results are usually fine. For forms, tracked data, or anything official, use the exact calculator value.

Use online:

conversions.aurecima.com
Open the live tools for exact results and guide pages.